



Guidelines for Referrers

These guidelines are intended for any parent, professional or agency wishing to make a referral to Fife Young Carers on behalf of a young carer who requires support. Please read these guidelines carefully before completing and returning referral forms.

***Please note we are unable to process a referral for a child or young person under the age of 18 without the completion of the parental consent section (SECTION C). ***

Who is a young carer?

Young carers are children and young people who in some way look after or support someone in their family who has an illness, a disability, or is affected by mental ill-health or substance misuse. Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. The tasks and level of caring undertaken by young carers can vary according to the nature of the illness or disability, the level and frequency of need for care and the structure of the family as a whole.

Referrals are accepted for children and young people aged between 8 and 25 years whose lives are affected by their caring role.

On receipt, referrals are allocated to a Support Worker and placed on their waiting list. Due to the high demand for our service we prioritise support for those young carers with the highest needs.

Following allocation, a Support Worker will meet the young person in school or college, if the young person is under the age of 18, they will also contact the parent/guardian by phone to discuss family circumstances.

Local Authority Professionals - The Carers (Scotland) Act 2016 states Local Authorities have a duty to offer and provide 'Young Carer Statements'. This information is used to identify needs and support required in order to achieve young carer's outcomes. This applies to any child or young person who is under the age of 18 or is still a pupil at school and who provides care to another individual.

If you are unsure whether to proceed with a referral or would like further information, please contact our office:

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Ore Valley Business Centre
93 Main Street
Lochgelly, KY5 9AF

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01592 786717

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