



Person Specification Sessional Worker

Skills/Knowledge/Experience	Essential	Desirable
Experience of working with children and young people	✓	
Awareness of the issues and needs of young carers and young adult carers		✓
Excellent communication skills with children and young people in groups and one-to-one situations	✓	
Able to empathise and offer age appropriate support	✓	
Experience of organising events, activities and regular groups (ideally for young people)	✓	
Experience of facilitating young people's participation and involvement	✓	
Team player - able to work as part of a team; including working with volunteers	✓	
Knowledge of current legislation relating to young carers and young adult carers (including child protection)		✓
Understanding of, and commitment to, the promotion of equal opportunities and confidentiality policies and practice.	✓	