



## **SESSIONAL WORKER**

### **Job Description and Person Specification**

The post-holder will be responsible for the delivery of a range of services to young carers in Fife on a sessional basis, primarily focussing on the co-facilitation of group-work activities and occasional one to one emotional support as required.

Reporting to the line manager the post-holder will be part of a team of staff and volunteers, all of whom will be expected to contribute to the design and delivery of services to young carers and development of the organisation.

#### **Responsible to**

Line Manager will provide regular support and supervision on an individual basis.

#### **Key Responsibilities**

- Assist in the setting up and delivery of a range of supportive activities ( eg support groups, issue based groups, outings, weekend activities, residential etc)
- Work face to face with young carers in both group and one to one setting.
- Listen, befriend, enable and support young carers and pass on any relevant concerns to the appropriate staff member.
- Assist in involving young carers in all aspects of the shaping and development of Fife Young Carers services and evaluation of its work.
- Maintain confidentiality over personal information relating to individual users of the service.
- To adhere to Fife Young Carers Policies and Practice in relation to child protection practice.
- Attend and contribute to regular supervision sessions and undertake necessary training as required.
- Work as part of a team to contribute to the smooth and effective running of Fife Young Carers.
- Assist with fund raising as appropriate.
- Undertake other appropriate duties as required

#### **Hours of Work**

Variable, evenings, weekends, and school holidays as required.

#### **Travel**

The post-holder must be willing to travel throughout Fife and occasionally further.

#### **Disclosure.**

A full disclosure check through the PVG scheme is mandatory.

Skills/Knowledge/Experience	Essential	Desirable
Experience of working with children and young people	✓	
Awareness of the issues and needs of young carers and young adult carers		✓
Excellent communication skills with children and young people in groups and one-to-one situations	✓	
Able to empathise and offer age-appropriate support	✓	
Experience of organising events, activities, and regular groups (ideally for young people)	✓	
Experience of facilitating young people's participation and involvement	✓	
Team player – able to work as part of a team, including working with volunteers	✓	
Knowledge of current legislation relating to young carers and young adult carers (including child protection)		✓
Understanding of, and commitment to, the promotion of equal opportunities and confidentiality policies and practice.	✓	